## **Bachelor of Arts**

# **Counseling Major Family Systems Concentration**

Program Director: Leslie Rewald, M.S.

The Counseling major provides foundational preparation in counseling theory from both a professional and Biblical perspective along with professional preparation in counseling laboratory and internship experience. The major is designed for those who plan to provide counseling as part of their Christian ministry (e.g., pastors, youth ministers, missionaries, evangelists, etc.) and for those who want to prepare for graduate education in counseling.

The Family Systems concentration provides the training necessary to understand and intervene with family and marital problems in a variety of ministry and community settings. It will form the basis for careers in church and para-church ministries including counseling, youth, and education. It will also help qualify for careers in community settings; foster care case manager, Child Protective Investigator, and behavior coach.

Students successfully completing this program will demonstrate:

- 1. A basic understanding of counseling theory including personality development, small group dynamics, marriage and family theory, and the grief process, along with the relevant community resources.
- 2. An approach to counseling that is based on both sound theology and counseling theory, and
- 3. A professional level of interview, diagnostic, and treatment planning skills.

## **CONCENTRATION REQUIREMENTS**

I.	General Studies	39 Credits	II. Bible and Theology (continued)	
l ^'	College and Career Success	3	Systematic Theology IV	3
	Freshman Composition I	3	Apologetics	3
	Freshman Composition II	3	Theology Elective	3
	Introduction to Public Speaking	3	Evangelism and Discipleship	3
	Introduction to Philosophy	3	World Missions and Religions	3
	Literature Electives	6	III. Major	30 Credits
	Fine Arts Elective	3	Core Courses:	
	General Psychology	3	Interpersonal Communication	3
	History Electives	6	Introduction to Counseling	3
	Introduction to Computers	0	Developmental Psychology	3
	Math Elective	3	Counseling Nontraditional Families	3
	Darwinism and Intelligent Design	3	Marriage and Family Communication	3
II.	Bible and Theology	54 Credits	Counseling Children	3
	Old Testament Law and History	3	Counseling Skills Lab	3
	Old Testament Poetry and Prophecy	3	Internship (2 semesters)	0
	Life and Revelation of Christ	3	Elective Courses, 9 credits from among:	9
	New Testament History and Letters	3	Counseling Adolescents	
	Romans	3	Counseling Dysfunctional Families	
	Hermeneutics	3	Crisis Counseling	
	Bible and Theology Electives	12	Pre-Marital and Marriage Counseling	
	Systematic Theology I	3	Psychopathology	
	Systematic Theology II	3	Seminar in Group Dynamics	
	Systematic Theology III	3	Statistics	
	2		Stress Management	
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**TOTAL REQUIRED CREDITS: 123** 

## Suggested Four-Year Program

## for the Counseling Major Family Systems Concentration

#### Freshman Year

Spring Semester - 15 credits			ester - 15 credits	
3	MISS	1301	World Missions and Religions	3
3	<b>BIBL</b>	1322	O.T. Poetry and Prophecy	3
3	ENC	1102	Freshman Composition II	3 3 3 3 0
3	PSY	1012	General Psychology	3
	SPC	1300	Interpersonal Communication	3
	CMPU	0301	Introduction to Computers	0
	3	3 MISS 3 BIBL 3 ENC 3 PSY SPC	3 MISS 1301 3 BIBL 1322 3 ENC 1102 3 PSY 1012 SPC 1300	3 MISS 1301 World Missions and Religions 3 BIBL 1322 O.T. Poetry and Prophecy 3 ENC 1102 Freshman Composition II 3 PSY 1012 General Psychology

### Sophomore Year

Fall Semester - 15 credits			Spring Semester - 15 credits				
<b>BIBL</b>	2301	Life and Revelation of Christ	3	<b>BIBL</b>	2321	N.T. History and Letters	3
BIBL	2331	Hermeneutics	3	XXXX	XXXX	Bible or Theology Elective	3
SPC	1608	Introduction to Public Speaking	3	<i>ISC</i>	1502	Darwinism and Intelligent Design	3
HIST	xxxx	History Elective	3	HIST	xxxx	History Elective	3
COUN	2301	Introduction to Counseling	3	DEP	2004	Developmental Psychology	3

#### **Junior Year**

Fall Semester - 18 credits			Spring Semester - 15 credits			
<b>THEO 330</b>	Systematic Theology I	3	THEO	3302	Systematic Theology II	3
XXXX xxx	Bible or Theology Elective	3	XXXX	XXXX	Bible or Theology Elective	3
LIT xxxx	Literature Elective	3	XXXX	xxxx	Math Elective	3
PHI 101	Introduction to Philosophy	3	SYG	1431	Marriage & Family Communication	3
COUN 331	4 Counseling Nontraditional Families	3	COUN	3304	Counseling Children	3
XXXX xxx	Major Elective	3				

### **Senior Year**

Fall Semeste	r - 18 credits	Spring Semester - 15 credits				
THEO 4321	Systematic Theology III	3	THEO 4331	Systematic Theology IV	3	
THEO 4311	Apologetics	3	BIBL 4301	Romans	3	
THEO xxxx	Theology Elective	3	COUN 4302	Counseling Skills Lab	3	
FNAR xxxx	Fine Arts Elective	3	LIT $xxxx$	Literature Elective	3	
XXXX xxxx	Bible or Theology Elective	3	XXXX xxxx	Major Elective	3	
XXXX xxxx	Major Elective	3	COUN 4082	Counseling Internship	0	
COUN 4081	Counseling Internship	0				